



LITTLE HADHAM PARISH NEWS

SEPTEMBER 2024

Garden Club Autumn Show

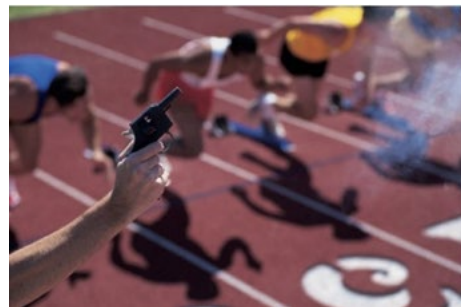
Sunday 1st September, See p.8 for details

Create a Stunning Wildflower Meadow in Your Own Back Garden

See p.12 for details

Father Simon Our Assistant Area Dean writes:

Could September be the new January? As the school holidays come to an end, might this - whether we're connected to a school or not - be the opportunity for a fresh start? Whilst the leaves on the trees may be beginning to turn, might this still be the moment for new growth and opportunity.



For me, this time of the year - the beginning of a new academic year - has often felt more positive than the traditional January new year with all its promises leading, too often, to broken resolutions. As many of us return, hopefully refreshed, after a short summer break, there are perhaps new opportunities to aspire to and new targets to reach. For those who haven't been able to get a change of scene, perhaps the sporting summer, capped by the Euros, the Olympics and the Paralympics, has provided a change of rhythm. And, even if you've worked solidly throughout the summer, perhaps your work colleagues or friends have been away and returned from their exotic foreign beach holiday with those bizarre traditional sweets or jellied fruits which they're keen for you to try. Enjoy!!



But, whether you've been away or not and whether you're off back to school or not, why not don that new

shirt or blouse, break in those shiny new shoes, and sharpen your pencils for a future full of possibility?

I'm reminded of Pope John XXIII's words: 'Consult not your fears but your hopes and your dreams. Think not about your frustrations but about your unfulfilled potential. Concern yourself not with what you tried and failed in, but with what it's still possible for you to do.'

And, as Christians, that's as true of our prayer-life and spiritual wellbeing as it is for our school classwork or workplace productivity. Now's a good time to 'get back on the horse' or introduce a new spiritual routine to freshen things up so that our souls are as active and engaged as our minds and bodies.



So, before getting bogged down in the post-summer round of new school or work timetables, meetings and targets, why not also take a moment to seek new challenges for the soul? Whether it be through our church life or through our own personal reading and devotion, we could adopt a new spiritual practice, further embracing God's grace in our lives; a benefit not just for us as individuals but for us as churches and communities too.

Yours in Christ,

Fr Simon



And so the adventure begins

LITTLE HADHAM PARISH NEWS

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To find out more about the life of our Church, please visit our website:

www.riverashchurches.org.uk

EDITORIAL DEADLINE

All articles for inclusion and payment for advertising in the next issue **must** be received by the **15th** of the month.

(BACS preferred, email the editor for details.)

Editor reserves the right to edit copy received, and add or omit pictures where necessary.

View the Parish News Online including back issues: www.littlehadham-pc.gov.uk/parish_news.html



From the Registers of St. Cecilia's Church, Little Hadham

We welcome into the family of the Church Kit Robert John Myrtle, who was baptised on Sunday 11th August.

ADVERTISING ENQUIRIES

If you would like to advertise in our magazine, please contact the editor at: littlehadhampn@gmail.com for more details.

The Parish News is funded and distributed freely by St Cecilia's Church. We really appreciate the support of all our advertisers to help cover our overheads and keep the Parish News in print. Please support them and shop local.

So if you run a business or service and would like to invest in your local magazine and reach over 500 homes each month with your product or service, we'd love to hear from you.

We offer ads at 4 different sizes and prices from a full page to an eighth of a page, with discounts for taking a year at a time. We can also insert flyers for a small fee.

You can also offer support by making a donation to the magazine, contact the editor for details.

The magazine is written by many contributors who report for themselves or for a club or organisation they represent. The church and production team does not necessarily agree with the opinions aired in any article printed here.

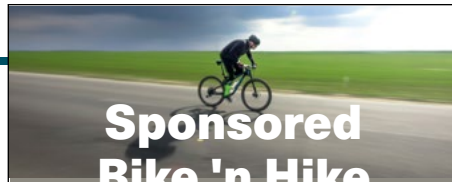
Church Notices

Karin Green

Volunteers needed for keeping the Church Yard nice and tidy.

We really need some help with looking after the Churchyard, mowing and strimming. The current crop of volunteers are starting to feel their age and any help would be appreciated. We have a ride on mower and instruction will be given. So any time you could give would be gratefully received.

Contact Karin Green
Tel: 771 532



Sponsored Bike 'n Hike

14th September for the Beds and Herts Historic Churches Trust

Peter English is again riding round our area visiting as many Churches as he can on this day. This is to raise money for our churches in Beds and Herts. 50% of the sponsorship money raised by our church is returned to our church, St. Cecilia's, whilst the other 50% goes into a pot to support work needed on the other churches in our area.

You can sponsor Peter on his ride by contacting **Karin Green**
Tel: **771 532**. or if you fancy your own cycle or hike round the area I have all the relevant details.

Church Roof Fund – Update

Helen Walker



We still have no specific start date for the repairs to the roof, but the contractor is liaising with Connect Scaffolding to make the necessary arrangements and we hope that repairs will soon be underway now.

Unfortunately, our application to Tesco for a Stronger Starts grant was not successful, but Tesco very helpfully provided an extensive list of alternative avenues for potential funding so we will investigate these for eligibility and apply as appropriate.

We hope you have all marked your diaries for the St Cecilia's Day Music Festival on SATURDAY 23RD

NOVEMBER. This promises to be an afternoon of musical joy, with something to suit all tastes and all ages. If you would like to showcase your talent or have friends who would like to participate, please do let us know (churchwardenstcecilias@gmail.com or tel. 01279 771 532).

All donations continue to be welcome and if you are a UK taxpayer, you can boost your gift by 25% at no extra cost. Please contact Karin Green (Church Warden) for a declaration form (churchwardenstcecilias@gmail.com or tel. 01279 771 532).



Little Hadham Brownies

Jo (Wise Owl) littlehadhambrownies@gmail.com



Little Hadham Brownies are looking for new leaders/volunteers. We meet at the Village Hall on Tuesdays between 5:45-7:15 (term time only).

Anyone who enjoys chatting, cooking, games, science, excursions etc would be very welcome. It's a lot of fun and the girls are (more or less) little angels!

Please contact Jo (Wise Owl) on littlehadhambrownies@gmail.com.

If anyone's daughters (aged 7-10) are interested in going on our short waiting list please also let me know and we can organise a taster session.

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Little Hadham Parish Council

Carole Page

www.littlehadham-pc.gov.uk

Little Hadham Parish Council meets the first Tuesday of each month in the Village Hall. There is no meeting in August or January. All residents and press are welcome to attend the meetings.

Meeting dates – all meetings commence at 7.30pm

3rd September	1st October	5th November	3rd December
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Agendas are posted on noticeboards and the Little Hadham Parish Council website.

Update on our UK Prosperity Grant funding

The village pump has been removed for renovation. The base will be restored, and the surrounding posts and chainwork will be renovated.

The four gateway flower planters are being made and will shortly be ready for installation. We are looking for ideas of what to plant in them. We have our very knowledgeable handyman who does a marvellous job of the planters currently and has ideas, but if anyone knows of any perennial plants that would look striking, please let the clerk know. We want each planter to make a statement that they are entering a village that is cared about.

Three benches for seating at Bury Green, New Road and Cradle End are on order.

Hertfordshire Directory – a key online tool to make it easier for people to find the help they need as soon as they need it, bringing together services, groups, and providers across the county that offer support and advice in a range of areas. Anyone can use it and we're keen for residents to be able to use the Directory to find services, group and providers independently.

If people don't know where to go or how find what they're looking for, then HertsHelp is there to support people too - www.hertshelp.net

Professionals are able to search the Directory to find suitable services for people they support. They can also refer people to those services using the referral function.

Allotments

There have been some first time allotmenters this year who have been experiencing the joys (and tribulations) of growing their own fruit and vegetables. From time-to-time allotments become available. There is one half plot free at the moment so please contact me if you would like further details and I can arrange to show you around - Carolyn- 07827 331 987.

Bats

If you would like to provide a home for the parish bats (the flying variety) and you have a suitable place to put up a bat box, please get in touch. The parish council still have some to give away.

Apple Day - 22nd September

Our second Community Orchard Apple day is fast approaching! Last year we only had a small crowd, but we spent some enjoyable hours making delicious apple juice. This year we will be selling hot dogs (veggie and meat) to tempt you to visit. See details opposite >>>

We are still looking for 2 new councillors. If you would like to join us, please contact the clerk on: clerklittlehadham@gmail.com

Little Hadham Community Orchard

Apple Pressing Day 2024

Donations welcome

Sun 22nd Sept
11am-3pm



Bring your apples (and pears), bottles and a vegetable knife for chopping and make some delicious juice. Or try juicing with apples we will have and join in the fun! Don't forget a bottle or two to put it in.

Little Hadham Gardening Club

Anne Willett

Our next event is our **Autumn Show on Sunday 1st September**. The show is open to Garden Club members and all residents of Little Hadham. All exhibits must be staged between 9am and 10:15am and the show will be open to the public at 2:30pm.

There are some different classes this year, in the Flowers Section, there is a Hydrangea bloom and 5 stems of grass heads and the flower arrangement is depicting Fireworks. If you like cooking, have a go at Millionaire Shortbread or Mediterranean Puff Pastry Tart. For the Juniors, up to 8 years and 9-14 years, there is a miniature garden, a leaf collage, a character made from vegetables/fruit and pizza pinwheels. The MEN ONLY class is 5 Oaty Bars of your choice. If you would like to enter and you don't have a schedule please contact Gail in 764 414.

Plants for summer colour:-

It is possible to extend the season of colour in your garden by growing late summer flowering plants. Many will flower until the first frosts, giving a longer season of colour and interest, whilst providing insects with nectar and pollen.

Perennials that peak in late summer are wide ranging, as are shrubs and climbers. Don't forget ornamental grasses which can lift a border up into the designer league.

1. Crocosmia - clumps of strappy leaves alongside sprays of trumpet flowers in shades of red, yellow and orange.



Pennisertum orientale 'Karley Rose'

2. Sedums - grow reliably in hot dry positions and are much loved by bees.

3. Phlox paniculata - comes in a wide range of colours.

4. Helenium - daisy like flowers are loved by bees for their nectar.

5. Hydrangea aborescens 'Annabelle' - has huge domes of white flowers. It flowers for ages and the huge heads last in semi-dried form until the first frosts.

6. Ceanothus 'Autumnal Blue' - is a reliable, evergreen, easy to grow and doesn't need pruning. It is covered in deep blue flowers up to September.

7. Pennisetum orientale 'Karley Rose' - clump forming grass producing masses of fluffy, rose pink bottle brush flowers on stiff stems.



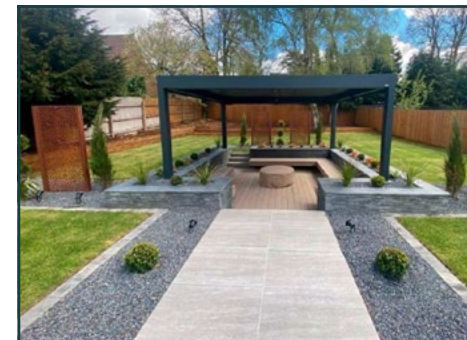
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Down at the Doctors

Andrew Wilkinson, Practice Manager

I am thrilled to share some excellent news following the National GP Survey results for 2024! Our health centre achieved an outstanding 96% satisfaction rate for overall experience, making us the top GP practice in Hertfordshire. We also excelled in every other category, in some cases doubling the local and national averages. A big thank you to all the patients who took the time to complete the survey, and of course, to our fantastic staff for delivering such exceptional service that our supportive patients have recognized.

To see the full results and compare them to other local practices or those across England, please click or copy the link:

<https://gp-patient.co.uk/>

[patientexperiences?practicecode=E82021](https://gp-patient.co.uk/patientexperiences?practicecode=E82021)

Last month, I mentioned the various vaccinations we will be offering this autumn. Here's the plan:

- September: We'll begin with the RSV (Respiratory Syncytial Virus) vaccination for those aged 75-79. We will contact you via text to book an appointment at the practice.
- October: Flu vaccinations will start (not before, as per NHS England's guidelines). We'll hold our annual mass vaccination clinic at Little Hadham Village Hall on Saturday, 12th October, from 8:30 am to 12 pm, with doctors and nurses ready to vaccinate. Last year, we vaccinated 1,100 of you, and we are aiming to beat that number this year! If you're eligible:

- those aged 65 years and over
- those aged 18 years to under 65 years in clinical risk groups
- those in long-stay residential care homes
- carers in receipt of carer's allowance, or those who are the main carer of an elderly or disabled person
- close contacts of immunocompromised individuals
- frontline health and social care workers and those working in care homes

we'll reach out via text or phone to schedule your appointment.

Also in October: We will be offering COVID vaccines for those over 65 (same criteria as the flu vaccine). The PCN nurses will be running this clinic at LHVH. Once the dates are confirmed, we'll contact you with all the details.

Thanks again for your continued support and stay healthy!

Best wishes

Andrew

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Creating a Wildflower Garden

Adam Purvis, Supalawns

Creating a wildflower garden is one of the most rewarding and environmentally friendly ways to transform your outdoor space. We recently had the pleasure of crafting a beautiful wildflower garden for a lawn care client.

Aside from the obvious beauty and interest that comes from developing a wildflower garden (which is present all year round due to their varied blooming times), there are also many other benefits, such as boosting biodiversity in your garden, improving soil health and they're low maintenance. Wildflowers can attract a diverse range of pollinators, including bees, butterflies and birds which, not only enhances the beauty of your garden but also supports local eco systems. Wildflower areas require minimal upkeep compared to traditional lawns as they are drought-tolerant, thus reducing the need for watering and chemical treatments. They are also naturally resilient to pests. Re-wilding is a very current gardening trend. There is such a wide variety of wild flower species so every week new colours and plants pop their heads up! No area is too big or too small.

The best time to start sowing seeds and developing your wildflower garden is either September/October or March/April. If this is something you have thought about for a while, please feel free to get in touch with us at info@supalawns.com and we can help you create one and enjoy the fruits of our labour next year. Finally, you can follow us on [Instagram @supalawns](https://www.instagram.com/supalawns) to see more wildflowers and lawn transformations.



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Rebekah: Rolo's Mum

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Little Hadham Village Hall News

Jan Williamson

www.littlehadhamvillagehall.com



The Village Hall volunteers had a very productive August working on general cleaning and maintenance in the hall. We have mainly concentrated on the overgrown space to the rear of the hall which has been cleared of stinging nettles to create a useable grassed area backing onto the River Ash. Over the course of three weeks the hedge line was also cut back to reveal a stunning view of surrounding fields. A chain link fence between the new grassed area and the River Ash will ensure that the area is as safe as possible for those using the space. It has taken a lot of hard work to achieve the transformation, and thanks again to our volunteers for their dedication in completing the project. This work has made the space much easier to maintain and will be ready to enjoy next summer, when it is intended to be used as an additional seating area.

We had a disappointing start to August when we discovered two of our rear windows had smashed costing us over £200 to get replaced. Prior to this, damage had also been discovered on the perimeter of the play area at the end of our car park. What is it about summer that brings out the worst behaviour in some people!

Welcome Cafe
Every Wednesday
10am to 2pm
Crafting Group & Board Games

No price list.
Your donations & awarded grant funding support the community cafe

Lunch available from 12.30pm.
Please ask inside.

Closed during August

Welcome Café

The Welcome Café resumes on **Wednesday 4th September**, which will include a visit from our East Herts Constabulary at about 12 noon to talk about Herts Connected and the areas of policing local people feel should focus on over the next four months as part of local policing priorities. It must be said that we are opening the Café

again from September, not knowing whether essential grant funding has been secured. We have been advised that we will be notified in October. This is one of the regular difficulties we face with supporting our community activities. However, in the meantime, we will rely on your generous donations to support the Café. Fingers crossed that our grant application will be successful again this time.

All other community groups will commence on the usual second week of each month except for the Bereavement Group which is the third Tuesday in the month. We are looking forward to seeing you all again!

Air Fryer Demonstrations – Back from September

The grant awarded to us to run the air fryer demonstrations has now concluded. As the air fryer demonstrations have been so popular we intend to continue. However, we will need to charge £7 per person to cover the cost of hall hire, taster dishes and glass or wine or juice served at the end of each demonstration. We very much hope that you will feel this is value for money for a fun and informative evening.

Going forward, we will be concentrating on collating and producing the recipes that we have cooked over the past nine months and continue to add new ones. We will also include the Welcome Café recipes and any other Village Hall dishes we have created.

LITTLE HADHAM VILLAGE HALL
AIR FRYER DEMONSTRATIONS

HELD SECOND MONDAY
OF THE MONTH
7.00pm to 9.00pm
see website to book

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WINE & DINE TASTER SESSION
£7 PER PERSON
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BOOK ONLINE at: www.littlehadhamvillagehall.com
or email: vice-chair@littlehadhamvillagehall.com

The small air fryer splinter groups that were started in May have unfortunately had to stop for the time being, but we hope to resume at a later date.

To book to attend an Air Fryer Demonstration, you will need to book. Please visit the village hall website: littlehadhamvillagehall.com/events/32/details

Cooking for One (after Bereavement)

Still on the theme of food, I am still keen to start up a basic cooking group for men (or women) who find themselves in a situation of having to cook for one and have little or no cooking

experience. Bereavement can be the instigator of this predicament, and I am looking for a small group of four to be my guinea pigs. Please contact me if you think you would benefit from this. Jan Williamson M: 07710 325 363

Red Chair Community Cinema

Renewal of annual membership is due from September, or you can join at any time through the year. One year's membership is £35 which gives 11 film screenings over the year. This works out to be just £3.18 per film! A licensed bar and ice cream are always available during a fifteen-minute interval. You will see the film programme displayed on our noticeboard at the village hall in compliance with the MPLC annual licence. If you would like details emailed to you, please contact: redchaircinema@littlehadhamvillagehall.com. For more information, please select What's On from the website menu, then choose Red Chair Cinema from the drop-down menu.



Our next screening is **The Great Escaper (2023)** - Certificate 12A. Runtime: 1 hour 36 minutes. Please pay at the door, entry £7 (Carer's free). Refreshments included.

Doors open at 2.30pm. Films starts promptly at 3pm. A full programme of this year's films can be found on our website or on the village hall noticeboard.

All enquiries to redchaircinema@littlehadhamvillagehall.com

Little Hadham Village Hall - SG11 2BP
FUNDRAISING EVENT
QUIZ NIGHT
SATURDAY
28th SEPTEMBER 2024
DOOR OPEN AT 6:30PM
Quiz starts promptly at 7pm
Tickets £16 per person - includes Supper
Raffle / Licenced Bar
Have a fun night full of challenges at our Quiz Night.
Book a table for 4 to 8 people to enjoy this fun-filled event!
Need to join a team? - Let us know
Email: vice-chair@littlehadhamvillagehall.com or
M. 07789 098071
To book tickets: www.littlehadhamvillagehall.com
Menu: Whats on / Events

Fundraising Quiz evening Saturday 28th September

I hope your little grey cells are all on charge for our quiz evening. We are now taking booking for tables for this fun evening so please support us.

Tickets £16 per person, includes cold supper of home cooked ham, roasted Mediterranean vegetable quiche and a selection of salads with a little something sweet to finish

on. Vegetarian, gluten free and vegan alternative will be available but must be ordered in advance of the evening. Raffle and licensed bar. Please get a team together and book as a group if you can.

If you need help putting a team together, please email to advise. It may be that others are looking to join a team too. To book tickets, go to the events page on the website littlehadhamvillagehall.com/events/28/details.

Email vice-chair@littlehadhamvillagehall.com or Joan McKinlay M: 07789 098 071.

Management committee vacancies

The vacancies for Treasurer and Chairman are still available, no responses as yet! If you are community minded and have some spare time, please think about whether you could get involved. For details, please contact Jan Williamson M: 07710 325 363

If you would like to know more about anything mentioned in this article please phone me, Jan Williamson: 01279 771 272 or email me at: chairvillagehall@littlehadham.org.uk

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What's On in September @ LH Village Hall

See website www.littlehadhamvillagehall.com for latest details

WEEKLY ACTIVITIES

MONDAY'S

Mum's Matter (Mother & Baby Group) 10 – 11:30am

TUESDAY'S

Brownies 5:45 – 7pm **Term Time Only**
Bereavement Group Meeting Every THIRD Tuesday of the month (1-1 every other Tuesday from 10am - 12:15 BY APPOINTMENT ONLY ring Jan 01279 771 272)

WEDNESDAY'S

Welcome Cafe 10am – 2pm No need to book just drop in and enjoy!
Druman Chair Yoga 11am – 11:45 Mark Cox 07368 293 062
Digital Improvers drop in 2 – 3:30pm Jan 01279 771 272
Fitsteps 6 – 7pm Jacqui: 07731 454 228
Tai Chi & Qi Gong 7:30 – 8:30pm Sarah Baker 07740 701 102

THURSDAY'S

Mike's Bowls Club 2 – 4pm
Hatha Yoga Class 7 – 8pm Kirsty Smith 07903 035 180 | km.rabs@gmail.com

FRIDAY'S

Indoor Bowls 7:30 – 10pm **except 2nd Friday**

FORTNIGHTLY

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Wednesday 4th & 18th 1 – 2pm Tai Chi (Sarah Baker 07740 701 102)
Wednesday 11th & 25th 12:30 – 1:30pm Virtual Cycle Studio Adam Howard 07538 706 560

MONTHLY & EXTRA EVENTS

3rd 7:30pm Parish Council Meeting
8th 9am Little Hadham Antiques Fair
9th 7 – 9pm Air Fryer Demonstration (2nd Monday in the month) **BOOKING ESSENTIAL** through Jan 07710 325 363 or email: vice-chair@littlehadhamvillagehall.com
12th 10 – 12 noon Community Breakfast morning **BOOKING ESSENTIAL** on website: littlehadhamvillagehall.com or email vice-chair@littlehadhamvillagehall.com
26th 6:30pm for 7pm Quiz Night
27th 9am - 1pm Little City Kids role play

NOTICEBOARD



PANTOMIME GROUP QUIZ

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OR WANT TO GET MORE INVOLVED IN YOUR LOCAL COMMUNITY AND GET TO KNOW MORE PEOPLE IN THE VILLAGE?

THE PARISH COUNCIL ARE LOOKING FOR 2 NEW COUNCILLORS, MAYBE ONE OF THEM COULD BE YOU?

It is a very exciting time for the Parish Council. We have many projects in the pipeline but lack the councillors to help execute them. We need 2 new councillors. If you would like to join us, please contact the clerk on: clerklittlehadham@gmail.com

See what we're currently working on in our article on page 6.



AFTERNOON CINEMA CLUB

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RED CHAIR CINEMA CLUB

Friday 13th September

7pm

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Stocking Wood Survey

Jono Forgham

jonoforgham@gmail.com

I began a full bio-diversity study of Stocking Wood in April 2023 and, up until July 2024, visited several times a week to see what I could encounter. The wood can be found by heading down Lower Farm Road and taking the footpath to the left immediately after crossing the stream. The wood will be in front of you, with a footpath running alongside the stream actually in the woodland.

My recent hospital visit and recuperation from surgery has put a stop to recording for a while, but I hope to be back in the wood by early September at the latest. Just need to get my stamina and energy levels back up to where they used to be. Having such major surgery has certainly worn me out, somewhat!

In the 15 or so months that I have been searching for insects, plants, birds, fungi, arachnids, mammals, invertebrates in the stream etc, I have recorded over 1200 species. Some notable finds have been made.

This all began as an eagerness to see what species of lepidoptera were resident within the wood and, basically, the plan grew from there into a full survey.

On the bird front, a kingfisher has been seen on two occasions, once flying low over the stream that runs east to west and once resting upon the footpath sign that is found on the western side of the wood. Plant species include: Common twayblades, Common spotted orchid (over 50 flowers this summer) and Early Purple orchid. Another good find for East Herts/West Essex was an example of Round leaved fluellen. In

total, 101 flowering plants have been recorded, along with 44 bird species.

So far, 360 moth species have been identified and recorded with over 100 being new for Stocking Wood records. These date back to the early 1990's and highlight how resident species have changed in the last 30 years. Several species found then are now virtually extinct within East Herts whereas over 25 species are now found in the county. These were not present at the turn of the millennia.

Butterflies remain on 27 species. A record from the archives of a Wall butterfly is unlikely to be seen in the wood again whilst the first record of a Brown Argus was made in 2023 and repeated in 2024, showing it to be resident. The one species I reckon is present but remains unrecorded is Purple Emperor. Unfortunately, its peak flight time coincided with my surgery, so a thorough check next summer will be undertaken.

Other insect numbers as follows: Fly species 148, Bees, wasps and ants: 96 species, Bugs: 70 species and Beetle species now stand at 116.

Arachnids total 88 species. I remain positive that many more are yet to be discovered and I am looking forward to getting back into the wood to check during the daylight hours for all sorts whilst also checking for nocturnal beetles and moths after dark.

Next month, I hope to be reporting from being back outdoors and finding new species throughout the parish. I will be permitted to drive again in early September. Can't wait!!



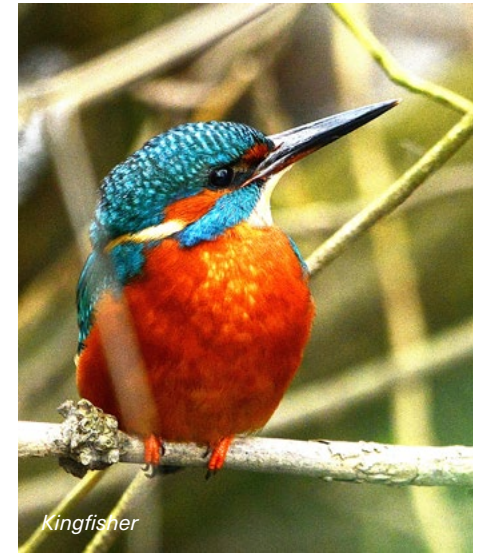
Common spotted orchid



Silver-washed Fritillary



Andrena haemorrhoa, a mining bee species



Kingfisher



Panorpa germanica, a Scorpion fly



Speckled bush cricket caught by Xysticus spider species



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St Cecilia's Church Bells

Quasi

Oranges and Lemons' - St Clements rhyme

Oranges and lemons,
 Say the bells of St. Clement's.

You owe me five farthings
 Say the bells of St. Martin's.

When will you pay me?
 Say the bells at Old Bailey.

When I grow rich,
 Say the bells at Shoreditch.

When will that be?
 Say the bells of Stepney.

I do not know,
 Says the great bell at Bow.

Here comes a candle to light you to bed,

And here comes a chopper
 to chop off your head!

Chip chop chip chop the last man is dead.

This is a traditional English nursery rhyme which dates back to around mid 1700. It refers to many of the City of London's church bells:-

St Clement's - which is now situated near the 19th century Royal Courts of Justice on the Strand.

St Martin's - which is St Martin's in-the-field on the North East corner of Trafalgar Square.

Old Bailey - The Holy Sepulchre London situated on the North side of Holburn Viaduct across a crossroads from the Old Bailey.

Shoreditch - St Leonard's which is often referred to as Shoreditch Church, at the crossroads of Shoreditch High Street and Hackney Road.

Stepney - St Dunstan's in Stepney High Street

Bow - St Mary-le-Bow on Cheapside, one of the city's oldest roads.

One of the many theories, of what the rhyme is about, is that it was a way of remembering the churches of London by a widely illiterate population. As with most nursery rhymes, the last verse is a bit gruesome and may refer to Henry the Eighth and his unfortunate wives.

Don't forget if you want to dip your toe into learning bell ringing we have practice days and evenings at various towers nearby (Little Hadham is Tuesday 11am) just reach out.

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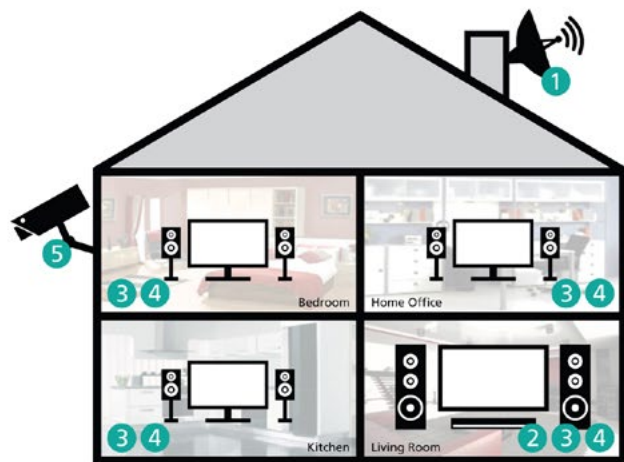
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The Hundred Parishes Society

Ken McDonald



Pevsner in these three editions, either in general terms or in great detail. One example in Essex is Manuden, which he describes as follows: "Manuden has a specially pretty, short village street with timber framed cottages with oversailing upper floors near



Nikolaus Pevsner

The Hundred Parishes has an exceptional depth of ancient buildings. More than 6,000 are "listed", meaning that they appear on the National Heritage List for England. Each property listing includes a description and many of these descriptions take their text from the guide books produced by one exceptional man, Nikolaus Pevsner.

Pevsner, an architectural historian, was born in 1902 in Leipzig, Germany, the son of a Russian-Jewish fur merchant. In 1933 he moved to England and settled in Hampshire. Following the outbreak of World War II, he was taken to an internment camp but was released three months later.

Work on his series of architectural guide books, *The Buildings of England*, began in 1945. The edition covering the whole of Hertfordshire was published in 1953; Essex and Cambridgeshire followed in 1954.

Most of the ancient architecture in The Hundred Parishes is mentioned by

the church and a small assortment of Georgian houses a little further west".

In Cambridgeshire, he described the Norman interior of Ickleton's parish church as having few equals in the country.

In Hertfordshire, the 17th-century almshouses in Buntingford were described by Pevsner as "the stateliest almshouses in the county".

Nikolaus Pevsner was granted British citizenship in 1946, appointed CBE in 1953 and knighted in 1969 "for services to art and architecture". In total, he was responsible for 46 county-wide guides. He died in Hampstead, London in 1983.

The website www.hundredparishes.org.uk has more than a hundred walk routes that can be freely downloaded. The route descriptions draw attention to some of the listed buildings that are passed.



Manuden



Ickleton parish church



Brian Ross

stanstedairportwatch.com

The Invisible Danger from Aircraft Emissions

A new study by European research group Transport & Environment (T&E) suggests that thousands of cases of high blood pressure, diabetes and dementia across Europe could be linked to tiny particles emitted by planes.

Around 52 million people – more than 10% of Europe's population – live within a 20km radius of the 32 busiest airports in Europe (including Stansted) and are particularly exposed to ultrafine particles (UFPs) from aviation, according to new research by CE Delft, commissioned by T&E.

Exposure to UFPs may be associated with 280,000 cases of high blood pressure, 330,000 cases of diabetes, and 18,000 cases of dementia in Europe, according to the new research.

UFPs penetrate deep into the body and have been found in the blood, brain and placenta. They are less than 100 nanometres in diameter - approximately 1,000 times smaller than a human hair. To date, there is no regulation on safe levels of UFPs in the air, even though the WHO warned it was a pollutant of emerging concern over 15 years ago.

UFPs from planes are emitted at high altitude and also at take-off and landing, meaning that those living near airports are particularly affected. People living in a 5km radius of an

airport breathe air that contains, on average, between 3,000 and 10,000 UFPs per cubic centimetre.

The study found that using 'better quality' jet fuel can reduce UFPs by up to 70%. The cleaner the aviation fuel, the less pollution it generates when burnt. Cleaning the fuel happens through a process called hydrotreatment which has been used for decades to remove sulphur from fuels for cars but jet fuel standards for planes have never been improved, even though this can significantly reduce air pollution.

UFPs are part of the so-called "non-CO2 aircraft emissions", which include other toxic pollutants such as nitrogen oxides and sulphur dioxide. Although these pollutants did not fall within the scope of the study, they also have known health effects as well as a harmful effect on climate, making aviation's contribution to global warming at least twice as bad as commonly thought.

The formation of contrails - the white lines in the sky behind planes, with a significant warming effect - is also related to UFP emissions. Reducing UFP emissions through better quality jet fuel would not only be beneficial for the population living near airports, but also for the planet.

You may feel that this issue warrants a letter to your recently elected MP!



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THE GARDENS OF EASTON LODGE

Jill Goldsmith
www.eastonlodge.co.uk



I can't believe I am writing news for September already – where has the year gone?!

The Gardens have looked surprisingly good, despite the on/off spring and summer – the rains have helped the roses and the trees and grass have been lush, the Italian Garden borders have changed colours through the season and are now moving into late summer gold framed by the lavender hedge, golden yew and the buddleia. Unfortunately the dahlia border in the walled kitchen garden has barely recovered from the incessant slug damage in early summer. But our patient volunteers have, eventually, managed to get vegetables growing and it has been lovely to see visitors leaving with bags full for a healthy supper!

As reported by others, there have been relatively few butterflies this year, but we have had quite a lot of dragonflies. So it will be interesting to find out from our bat walk on **6 September, at 7pm**, whether we still have the range of bats that usually frequent the Gardens. Contact us through our enquiries email to reserve a place on the walk. **Enquiries@eastonlodge.co.uk**

We have been harvesting soft fruit for jams and jellies and the apples have been swelling on their trees. So, things are shaping up for our **Apples and Bees Day on Sunday 15 September**. It will be a fun celebration of orchard produce, including apple juicing, apple and honey cake tasting, apple crafts for kids and much more. There will be music from local groups: the Rock Choir and Harlow Concert Band; and plant and craft stalls.

For more information about our opening hours and discounted advance tickets for the Sunday Open Day go to **www.eastonlodge.co.uk/whats-on**



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Kathy Hamilton

www.thehadhamshistorysociety.org.uk

The Hadhams' History Society met in July for a presentation by Andrew Cockburn on "The History of Agriculture". Andrew gave a very enjoyable and interesting talk which was enjoyed by all members.

Our next meeting will be on **Thursday 26th September, 7:45pm for 8pm** in The Green Room lunch Hadham Village Hall. Tim Turner will be coming along to give a talk "Sworders Auctioneers - 240 Years and Counting" and as many members are very interested in antiques this talk should very interesting.

We have a very fascinating talk booked for October, this will be on the **24th October, 7:45pm. for 8pm** in the Green Room Much Hadham Village Hall. Amanda Halliday - one of our Committee Members will be giving a presentation on "Local Historic Large Scale Maps" so please do come along.

Please come along to our meetings you will be made very welcome - you can just pay as a one-off visitor or join the society, if you wish - and we have a very varied programme arranged for the rest of the year.

Looking forward to seeing everyone in September and October.

Hadham Cross Congregational Church

PREACHERS FOR SEPTEMBER SERVICES AT 11am

1st September	Congregation	Hadham Cross Congregational
8th September	Ralph Evershed	Spicer Street St. Albans
15th September	Roger Amos	Sawbridgeworth Congregational Church
22nd September	HARVEST FESTIVAL	Tim Wells Wormley Church
29th September	Sam Pakala	Oakwood Chapel Harlow

Our next **COFFEE MORNING** will be on **Wednesday 11th September**, 10am- noon. Please do come and join us for coffee/tea cake and a chat.

Our next **AFTERNOON TEA MEETING** will be on **Thursday 26th September**, 2 - 4pm - please do come and join us for cake/tea and a chat. There will be a bring and buy sale so please do bring your things for the stall. All are welcome - we will be very pleased to see you.

Our next **BIBLE STUDY GROUP** will be on **Wednesday 18th September**, from 2 - 3:30pm. All are invited to join us you will be very welcome.

AGAIN, A PLEA FOR HELP!

Playing the organ or keyboard once a month at our 11am Sunday service.

Further details from Kathy Hamilton 01279 843 756

Church Deacons: Brenda Coleshill 01279 842 800 | Kathy Hamilton 01279 843 756



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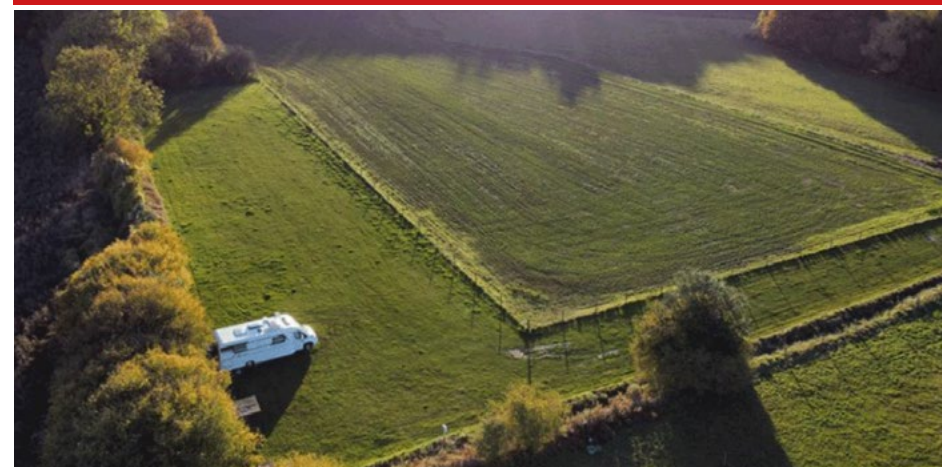
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Rural Ramblings

Cherry Mardell



Looking back over the years, something I had been involved in – importing and selling American clothes in the UK – has resulted in our present activities on the farm.

Let me explain... we used to travel up and down the country in our motorhome while en route to various weekend festivals. Some were so far away it required a night stop-over in a wide variety of fields, some nicely tended, others overgrown, a real grass wilderness. We always tried to make the best of what we found... and we certainly found room for improvement in most of them!

Years later we realised that our farm had hidden value... and we started to work towards opening a caravan site on one of our fields. Because what is everyday norm to us – a place with a view - is something really special to those people who live in big cities or busy suburbs with a mini patch of a garden and noisy neighbours.

We added the essentials, water, electricity and sewage disposal. We

grew grass instead of crops, trimmed back the trees.... and we joined the Caravan and Motorhome Club, (which sets certain standards and checks up on us yearly). We picked a spot which overlooks our fields and, if I am totally honest, has much better than the views from our own home!


We only open in the summer months and close when the grass can no longer compete with some of the huge, heavy motorhomes requiring overnight stays!

We have met so many lovely people – some return year on year, visiting their families and friends. Others use us as a welcome break from the stress of motorway driving. Occasionally we have visitors from abroad travelling around Britain.

Yes, there are times when I think I'll give it all up – the daily dustbins emptying and the unbelievable amount of rubbish they leave us.... but at least we give them nice surroundings, a clean and tidy set up and, hopefully, a warm welcome. So different from most of the sites we used to use, tatty, un-loved and unkempt!

Parish Services September 2024

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St Cecilia's Little Hadham	9:15am Benefice Holy Communion Tayo			9:15am Benefice Pet Service Tayo 	
St Mary's Albury		9:15am Benefice Holy Communion Tayo			9:15am Benefice Holy Communion Tayo

OTHER SERVICES:

Sat 21st **4:30pm** Messy Church at St Andrew's Church

Thur 26th **10am** Little Hadham Communion (Tayo)

*please note that service times changed in May

All are welcome to join our services